



# THE ArAFCS NEWS

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*An Affiliate of the American Association of Family & Consumer Sciences  
Dedicated to improving quality of life for individuals and families since 1908*

## Arkansas AFCS Volunteers Needed



### Second Century of Helping Project

“Second Century of Helping” is an official project of the American Association of Family and Consumer Sciences Centennial Celebration. Our profession has been committed to strengthening individuals, families and communities since its inception and the members of AAFCS have always played a role through professional as well as volunteer contributions. As part of the AAFCS Centennial Celebration all AAFCS members are being asked to record your volunteer hours as a Family and Consumer

Sciences professional on the AAFCS website. The national goal is to have at least 100 volunteer hours per affiliate – a total of 5,000 nationwide. At the 2009 AAFCS conference to be held June 25-28 in Knoxville, Tennessee, AAFCS members and affiliates with the greatest number of hours and the highest per capita rate of volunteer hours will be recognized.

#### Here is how you can help:

Arkansas can easily surpass the 100 hour goal set for us by national. Right now Arkansas is holding 19<sup>th</sup> place and recording only 8 volunteer hours with our **President Pam Bennett** leading the way with 7 hours. This is a challenge to each and every member to match our President’s record. If everyone does this, we would well be on our way to recording 1000 volunteer hours. The guidelines are simple:

- Your volunteering must draw on your FCS expertise.
- You must identify yourself as a FCS professional.

- You may not receive compensation for volunteer hours beyond expense reimbursement.

#### How do you record your hours?

Go to [www.aafcs.org](http://www.aafcs.org) and from the home page click on “AAFCS Centennial Celebration.” Under the second heading on the next page you will see “Second Century of Helping.” At the end of this section, click on “To learn more, click here.” This will take you to a map of the United States where you will click on Arkansas and then enter your information. You will need your name, your member number, your city, the date of the activity and a brief description of what you did.

**Let’s put Arkansas on the map!!!**



## Annual Conference to be Held at Harding University

The annual conference for the Arkansas Association of Family and Consumer Sciences will be held **February 26-27, 2009** at Harding University in Searcy. The conference committee is very excited with the program being planned. A few of the highlights that you will not want to miss are:

✓ **Kay Reed**, Executive Director of the Dibble Institute, **Youth Relationships and Marriage Education.**

✓ **Dr. Lori Myers**, Louisiana Tech University, **Technology in the Classroom.**

✓ **Dr. Mary Wyandt-Hiebert and Heather Thordsen**, University of Arkansas, **Sexual Violence Prevention: Bystander Intervention & Men's Programs.**



### THE ArAFCS NEWS

is a newsletter for members of the Arkansas Association of Family & Consumer Sciences. Photos and articles from and about members are welcome.

#### Editor

Denise G. Fisher  
Harding University, Box 12233  
Searcy, AR 72149  
(501) 279-4667  
email: [dfisher@harding.edu](mailto:dfisher@harding.edu)

The American Association of Family & Consumer Sciences (AAFCS) is a not-for-profit 501 (c) (3) organization with 10,000 members, dedicated to improving quality of life for individuals and families. The AAFCS and its affiliates may accept charitable contributions, which are tax-deductible to the fullest extent of the law.

✓ **Crystal Whittington**, Childhood Services, Arkansas State University, **The Power of a Hug and a High Five-Fostering Social Emotional Development in Children.**

✓ Plus additional sessions are being planned on topics including family finance in a precarious economy, housing trends, and much, much more!

Don't miss out on this annual opportunity! More information will be coming and registration materials will be available in January.

## Pre-Professional/ Graduate Section Fall Leadership Conference

The Pre-professional/ Graduate Student Section held their annual Fall Leadership Conference at the University of Central Arkansas on



**P/GS Section Officers**  
*Front Row: Jennifer Pulfer, Jessica Ward, Jennifer Main, and Joyce Thrash. Back Row: Libby Medford, Ashley Winberry.*

September 17. Students who attended the conference participated in a business meeting and the election of officers. After breaking for lunch, Hank Phelps, Associate Dean of Students/Director of the UCA Student Center, gave a presentation titled "*Leadership Lessons for Us All!*". Dr. James Guinee, a licensed psychologist in the State of Arkansas and Adjunct Professor in the Department of Family and Consumer Sciences at UCA, followed with a presentation on *Facebook*. He warned students that what you post can and will be used against you.

## ArAFCS Award Nominations Sought

It is time again to nominate deserving individuals for the Arkansas Association of Family and Consumer Sciences Awards. These awards provide an opportunity for outstanding family and consumer sciences professionals to be recognized. The deadline for nominations is **January 30, 2008**. Nominations can be made by submitting the name of the nominee and a brief summary of the individual's qualifications to **Rebecca Moore**, at [rboaz@harding.edu](mailto:rboaz@harding.edu).

**The following awards will be given:**

**Teacher of the Year Award**—recognizes an exemplary family and consumer sciences teacher who exhibits a deep commitment to

the profession and has an outstanding educational program that utilize methods, techniques, and activities integrated into the curriculum to provide the stimulus for and give visibility to family and consumer sciences education. Candidates for the Teacher of the Year Award must have full-time, permanent employment as a teacher of family and consumer sciences, must have current membership in AAFCS, and must have maintained membership for at least the past three years.

**Excellence in Extension Award** --recognizes outstanding Extension programs that enable people to improve their lives and communities through learning partnerships. Program areas include: nutrition, health and environment; human development and family resiliency; and, family and consumer resource management. This award may be made to an individual or a team.

**New Achievers Award**— recognizes emerging professionals who have shown potential for making significant contributions in the field of family and consumer sciences. Any active AAFCS member who has at least three but no more than eight years of service to the family and consumer sciences field is eligible for nomination.

**Professional of the Year Award**—is presented only at the state level. This award recognizes a family and consumer science professional who has demonstrated professionalism in Arkansas in

the field of family and consumer sciences as well as in the state organization.

**Friend of the Family Award**—is presented to an individual or organization involved in making policy decisions that affect the well-being of the nation's families. Its purpose is to recognize national or international leaders whose work has made a significant contribution in policy areas affecting the family.

**Wiley-Berger Award for Volunteer Service**— honors an outstanding volunteer whose work has enhanced the well-being of others. The most important consideration is evidence that the nominee has demonstrated how family and consumer sciences can contribute to the community through either sustained volunteer service over a period of years or through the implementation of an exemplary volunteer service project.

**Leaders Award**—is used to honor family and consumer sciences professionals who have made significant contributions to the field through their involvement with AAFCS. Any active AAFCS member who has more than eight years of service to the family and consumer sciences field is eligible for nomination.

## 2008-2009 Program of Work

The 2008-2009 ArAFCS Program of Work was developed under the direction of President Pam Bennett and submitted to national before the September

deadline. This is considered transitional year and in the future we will be moving to a 5-year strategic plan. Any member wanting to work on the development of the 5-year plan of work should contact Denise Fisher by email at [dfisher@harding.edu](mailto:dfisher@harding.edu).

**Goal Area 1: Celebrate the Past** – Identify and honor the major accomplishments of AHEA/AAFCS, within the committee's area of focus, which have created a rich 100-year history. **Actions to include:** Complete display for the 2009 National AAFCS conference on the history of the Arkansas affiliate.

**Goal Area 2: Launch the Future** – Create a positive framework for launching AAFCS into its next century for the committee's area of focus. **Actions to include:** Encourage members to participate in the Second Century of Helping Project. Participate in lobbying for appropriate Birth to Kindergarten issues being addressed in state legislature.

**Goal Area 3: Address Sustainability** – Take up critical sustainability issues in the field of family and consumer sciences. **Actions to include:** Increase utilization of webpage to keep affiliate members well informed and aware of resources.

**We're on the Web!**  
[www.arafcs.com](http://www.arafcs.com)